

8TH GLOBAL SYMPOSIUM ON KETOGENIC THERAPIES

FAMILY DAY

Saturday, September 23, 2023

9AM - 5PM

\$49/PER FAMILY (UP TO 4 PEOPLE)

Loews Coronado Bay Resort
San Diego, California

The International Neurological Ketogenic Society (INKS) is pleased to be hosting a special patient-centered Family Day as part of our 8th Global Symposium. This gathering will provide the opportunity for exploring the history of ketogenic dietary therapies, how these treatments are used today, and how new ways to use them in the future are being discovered.

- Highlights from the scientific sessions earlier in the week will be shared with Family Day attendees to help provide insights into the latest research that is helping drive progress in the field of ketogenic dietary therapies – on both clinical and research fronts.
- Engagement activities will enable attendees to ask questions of the medical experts and to learn from other patients and families who are on their respective journeys.
- Interactive cooking demonstrations by renowned chefs will offer fresh ideas and innovative ways to think about the power and influence of food on the brain.
- Attendees will have the chance to visit with exhibitors to learn more about their products and resources designed to make the implementation of ketogenic dietary therapies easier and more successful.

If you are a patient, family member, friend, clinical care provider, or researcher who is interested in learning more about this expanding therapeutic approach and the real-life experiences and applications of those who understand it best and live it every day, then this is a great way for you to spend your Saturday!

PRESENTED IN PARTNERSHIP WITH



AGENDA

8:00AM – 9:00AM

Registration and Exhibits

9:00AM - 9:20AM

Ketogenic Dietary Therapies: History and Overview in Children by Eric Kossoff, MD

9:20AM - 9:40AM

Ketogenic Dietary Therapies in Adulthood by Mackenzie Cervenka, MD

9:40AM - 10:00AM

Ketogenic Dietary Therapy Variations and Indications by Beth Zupec-Kania, RDN, CD

10:00AM - 10:20AM

Ketogenic Dietary Therapies and the Mental Health Epidemic by Bret Scher, MD and Matt Baszucki

10:20AM - 10:30AM

Global Ketogenic Dietary Therapy Symposium Summary by Jong Rho, MD

10:30AM - 11:00AM

Break and Exhibits

11:00AM - 12:00PM

Q&A Panel with Morning Speakers

12:00PM - 12:30PM

Cooking Demonstration and Keto Kitchen Tips by Chef Dawn Martenz, The Charlie Foundation for Ketogenic Therapies



12:30PM - 1:30PM

Lunch and Exhibits

1:30PM - 2:30PM

Table Talks: Small Group Sharing and Learning
Hear first from JT Martenz who will share a personal story to kick-off the session.

2:30PM - 2:50PM

Neurogastronomy and Ketogenic Diets, by Tim McClintock, PhD

2:50PM - 3:15PM

Break and Exhibits

3:15PM - 4:15PM

Cooking Demonstration and Neurogastronomy Tips by Chef Trevor Morones

4:15PM - 5:00PM

Ask Me Anything Panel

It takes teamwork to manage a medical ketogenic diet, so we've assembled a team of patients, parents, dietitians, clinicians, and chefs so you can ask questions and learn from their expertise and experiences. Hear first from Brandon Kopp who will share a personal story to kick-off the discussion.

5:00PM

Closing

